

**MINUTES**  
**INDIANA ATHLETIC TRAINERS BOARD**  
**May 13, 2008**

**I. CALL TO ORDER**

Mr. Steve Risinger called the meeting to order at 11:02 a.m., in Room W064, 402 West Washington Street, Indianapolis, Indiana and established a quorum pursuant to IC § 25-5.1.

**Members Present:**

Steve Risinger, President  
David Craig  
Joe Harvey  
Larry Leverenz  
John Miller, MD

**Members Absent:**

Jennifer VanSickle, Consumer Member  
Vacant, Medical Doctor

**Staff Present:**

Valerie L. Jones, Board Director  
Nancy Harvey, Assistant Board Director  
Philip Thompson, Legal Counsel, Deputy Attorney General

**II. ADOPTION OF AGENDA**

A motion was made and seconded to adopt the agenda.

HARVEY/LEVERENZ  
Motion carried 5-0-0

**III. APPROVAL OF MINUTES FROM NOVEMBER 20, 2007**

A motion was made and seconded to approve the minutes of the November 20, 2007 meeting.

MILLER/HARVEY  
Motion carried 5-0-0

**IV. OLD/NEW BUSINESS**

**A. AT PowerPoint Presentation Demonstration**

Director Jones presented a PowerPoint presentation involving the issues for licensure. The Board requested Director Jones to post the presentation on the webpage and email the presentation to CAATE approved athletic training programs.

**B. Board Elections**

A motion was made and seconded to elect David Craig as president.

RISINGER/LEVERENZ  
Motion carried 5-0-0

A motion was made and seconded to elect Larry Leverenz as Vice-President.

HARVEY/CRAIG  
Motion carried 5-0-0

A motion was made and seconded to elect Joe Harvey as board secretary.

CRAIG/RISINGER  
Motion carried 5-0-0

### **C. Muscle Activation**

The Board reviewed the website information discussing Muscle Activation Techniques. Mr. Craig informed the board that muscle activation is a method of soft tissue release. It has been taught as a continuing education course. The Board discussed the relevance of muscle activation techniques as it relates to athletic trainers in the State of Indiana.

The board noted that many of the highlighted therapists come from personal trainer backgrounds.

The attorney general's office was concerned as to whether MAT instructors should be performing techniques without a license

Mr. Craig stated that the technique is non-invasive and has no opportunity to physically harm a patient/client.

The Board requested that the item be placed on the July agenda for further discussion.

### **V. LICENSURE APPLICATION REVIEW**

1. The Board reviewed the licensure application of Leisel Elizabeth Iverson. A motion was made and seconded to approve the application of Ms. Iverson.

LEVERENZ/CRAIG  
Motion carried 5-0-0

### **VI. SPECIAL PRESENTATION**

Director Jones presented Steve Risinger with a certificate of appreciation.

### **VII. ADJOURNMENT**

There being no further business and having completed its duties, the meeting of the Indiana Athletic Trainers Board moved to adjourn at 12:24 a.m.

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**Steve Risinger, President**  
**Indiana Athletic Trainers Board**

